- WAC 246-817-745 "Minimal sedation." (1) Training requirements:
 To administer "minimal sedation," including:
- (a) A single oral agent, a dentist must have completed a course containing a minimum of fourteen hours of a predoctoral dental school, postgraduate instruction, or continuing education (as defined in WAC 246-817-440) in the use of oral agents;
- (b) Any oral agent in combination with a different agent or multiple agents other than nitrous oxide or injectable agents, a dentist must have completed a course containing a minimum of twenty-one hours of either predoctoral dental school or postgraduate instruction.
 - (2) Procedures for administration:
- (a) Oral sedative agents can be administered in the treatment setting or prescribed for patient dosage prior to the appointment;
- (b) A second individual must be on the office premises and able to immediately respond to any request from the person administering the drug;
- (c) The patient must be continuously observed while in the office under the influence of the drug;
 - (d) Any adverse reactions must be documented in the records;
- (e) If a patient unintentionally enters into a moderate level of sedation, the patient must be returned to a level of minimal sedation as quickly as possible. While returning the patient to the minimal sedation level, periodic monitoring of pulse, respiration, and blood pressure must be maintained. In such cases, these same parameters must be taken and recorded at appropriate intervals throughout the procedure and vital signs and level of consciousness must be recorded during the sedation and prior to dismissal of the patient.
- (3) Dental records must contain documentation in the chart of all agents administered, time administered, and dosage for minimal sedation.
- (a) In the case of nitrous oxide sedation only " N_2O used" is required.
- (b) Other inhalation agents require a dose record noting the time each concentration and agent was used.
- (4) Continuing education: A dentist who administers minimal sedation to patients must participate in seven hours of continuing education or equivalent every five years.
- (a) The education must include instruction in one or more of the following areas:
 - (i) Sedation;
 - (ii) Physiology;
 - (iii) Pharmacology;
 - (iv) Nitrous oxide analgesia;
 - (v) Patient evaluation;
 - (vi) Patient monitoring; and
 - (vii) Medical emergencies.
- (b) In addition to education requirements in (a) of this subsection, the dentist must obtain health care provider basic life support (BLS) or advanced cardiac life support (ACLS) certification. Hourly credits earned from certification in BLS or ACLS courses may not be used to meet the education requirements in (a) of this subsection. However, the hourly credit hours earned in BLS or ACLS certification may be used to meet the renewal requirements of WAC 246-817-440 to renew the dentist license.
 - (5) A permit of authorization is not required.

[Statutory Authority: RCW 18.32.0365 and 18.32.640. WSR 16-06-106, § 246-817-745, filed 3/1/16, effective 4/1/16; WSR 09-04-042, § 246-817-745, filed 1/30/09, effective 3/2/09.]